

everyone
has a gift
they can share

What is a Time Bank? How does it work?

Hour Exchange and Time Banking are two different terms for the same idea. A member provides a service to another member and in return, earns one "time dollar," which is not a piece of paper.

They can then spend that "time dollar" on the service of another member who's also in the time bank. People can write down exchanges, but there is an easy to use computer program on the time bank website to enter it that keeps track of every hour earned or spent.

A "time dollar" is an hour.

So, an hour earns you a "time dollar," no matter what the service, which is a radical departure from the formal economy. In this case, in the time bank, **everybody's time is equal.**

Time bankers share their own stories:

"Yesterday was such a cool day — spent two and a half hours and earned two hours. Have to do more of this!" — Leada

"If it wasn't for the time bank, I would probably never have tried acupuncture. It was always something that I was a bit interested in, but I was too cheap and too skeptical to pay for it. I was thrilled when I discovered one of the time bank members was offering acupuncture. So I tried it, and I loved it!! It far surpassed my expectations! Neck pain that I struggled with for years has not returned in months! Amazing!" — Gracie

"I WOULD LIKE TO PERSONALLY ENDORSE WIM. HE IS A TOP NOTCH CARPENTER AND WAS KIND ENOUGH TO EXCHANGE HOURS WITH ME FIXING A BROKEN DOOR FRAME IN MY HOME." — JAMES

"I WOULD LIKE TO THANK OAK SPRING FARM FOR GIVING ME THE HOURS TO HELP OUT ON HER FARM IN FREELAND MARYLAND. LISA IS A WEALTH OF KNOWLEDGE AND A GREAT TEACHER AND CARES A LOT ABOUT GETTING OUR COMMUNITY BACK TO EATING SUSTAINABLE HEALTHY FOOD GROWN LOCALLY. IF YOU HAVE TIME TO HELP HER OUT AND WANT TO LEARN HOW TO FARM, CONTACT HER THRU THE TIME BANK AT OAK SPRINGS FARM." — MICKEY

Join the York County Time Bank today at
YorkCountyTimeBank.wordpress.com



You can join the York County Time Bank (for free) when you visit YorkCountyTimeBank.wordpress.com

Every hour you give earns you an hour — even Time Bank meetings! Meetings are held as the need arises, we notify members of details by email and Facebook.

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The mission of the York County Time Bank is to provide services without exchanging money and build an interconnected community where **everyone's time is of equal value**

What services are offered?

The list is constantly growing as new members join and add their talents. Current offers include services like:

Acupuncture	Counseling of various types	Meal preparation	Running errands and shopping
Art activities with children	Garden planning and help	Music lessons	Sewing
Carpentry	Gift wrapping	Nutrition coaching	Storytelling
Cleaning and organizing	Health and wellness services	Party planning	Tutoring
Computer advice/assistance		Photography	Writing, proofreading, and editing
		Providing rides	

...and many more! You can also earn hours by participating in Time Bank meetings. Meetings are held as the need arises, we notify members of details by email and Facebook ([facebook.com/groups/YorkCountyTimeBank](https://www.facebook.com/groups/YorkCountyTimeBank).) We welcome your input in person at meetings or via email (YorkCountyTimeBank@gmail.com) and you can find us on Twitter [@YorkPATimeBank](https://twitter.com/YorkPATimeBank)

Who can join?

Anyone! Everyone!

How much does it cost to join?

Nada! Membership is absolutely free!

What services can I get?

Anything! Everything! (That is anything and everything that our members offer.)

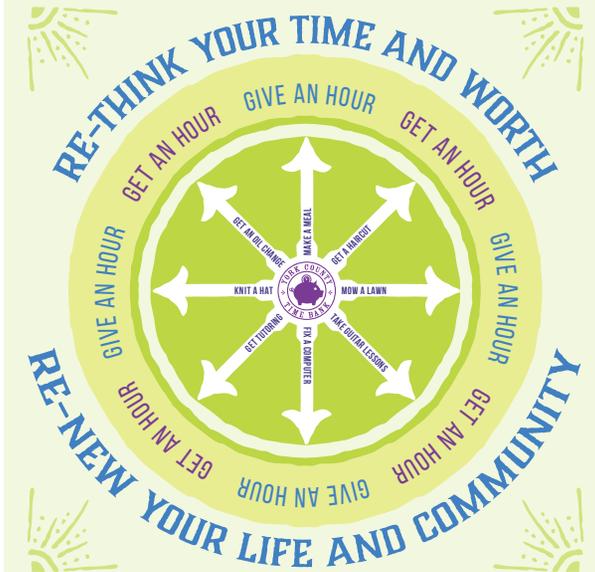
So, if there is a service that you need, but there's not yet a member that offers it, find a person that offers it and tell them about our group. **Invite them to join!**

What about taxes?

The IRS views exchanging as "friendly favors" based on the currency of time. They cannot tax your time.

How do I keep track of hours?

With free software on the website. Hours are submitted and tracked online like a bank account which you can access by visiting yorkcountytimebank.wordpress.com



give an hour AND get an hour

Learn a new skill. Share your talents. Get more stuff done. Make new friends. Make a difference. Be a part of positive change! **Join the York County Time Bank today.**



Email: YorkCountyTimeBank@gmail.com

Follow us on Twitter: [@YorkPATimeBank](https://twitter.com/YorkPATimeBank)

Join: YorkCountyTimeBank.wordpress.com

Join the York County Time Bank today!